

Keep Sick Children Home

Interim Exclusion Guidelines for COVID-19

Updated July 31, 2020

Dear Parents/Guardians,

To protect the health and safety of children and staff, children who are sick with any illness need to be kept home. We will continue to follow our usual exclusion guidelines (WAC 110-300-0205) which includes children who generally feel unwell, as well as exclude any children who have:



- cough
- shortness of breath or difficulty breathing
- fever of 100.4 F or higher or chills
- headache or fatigue
- sore throat
- muscle or body aches
- new loss of taste or smell
- congestion or runny nose
- nausea, vomiting, or diarrhea

If a child or staff member has any of the above [symptoms associated with COVID-19](#) they should be excluded from childcare and tested for COVID-19.

If a child has been exposed to COVID-19 in any setting during the past 14 days, they should remain quarantined at home and excluded from child care until 14 days after their last exposure have passed.

Further management of such children depends on their exposure history, symptom status, and COVID-19 test results as set forth in the [guidance table](#) developed by Snohomish Health District.



For more information visit:

Snohomish Health District
www.snohd.org/ncov2019

Washington State Department of Health
www.doh.wa.gov/emergencies/coronavirus

Centers for Disease Control and Prevention
www.cdc.gov/coronavirus/2019-ncov